

Practice logo and/or name

Address 1

Address 2

Phone number

Website



SEEK

University of Maryland School of Medicine
Department of Pediatrics
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Baltimore, MD 21201

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Safe Environment for Every Kid (SEEK)



Welcome to the Safe Environment for Every Kid (SEEK)

Dear Parent or Caregiver:

Being a parent is not always easy. We want to help families have a safe environment for children. So, we're asking everyone about issues that affect many families. If there's a problem, we'll try to help.

About SEEK

SEEK aims to strengthen families, support parents and parenting, and promote children's health, wellbeing, development and safety.

SEEK was developed to take advantage of the excellent opportunities in primary healthcare to learn about a child's family environment and to help when needed. We know that what happens in a family is so important to children's healthy growth and futures.

SEEK helps identify and address common problems, such as parental depression, substance use, severe stress, domestic violence, food insecurity, and discipline challenges. It also builds upon parents' and families' interests and strengths.

What is the SEEK PQ-Re?

The SEEK PQ-Re is a questionnaire to identify possible problems. You're invited to answer questions about your child being seen for a checkup. This is voluntary. You don't have to answer any question you prefer not to.

What happens after you complete the SEEK PQ-Re?

Your child's doctor or nurse or other staff in the practice will discuss possible problems with you. Together, you'll decide whether further assessment or help is needed.

What can your child's doctor or nurse help with?

Your child's doctor or nurse can help you with possible problems. They can connect you with someone else in the practice or in the community for help.

What to do if you have questions about SEEK?

Please discuss any questions or concerns with your child's doctor or nurse.

To learn more about SEEK, use the QR below to view a short video!

If possible, point your phone camera at the QR code below and you'll be directed to the SEEK video.

