

The Safe Environment for Every Kid (SEEK) Self-Assessment (MOC Part 2) Training

Sponsor Organization: University of Maryland School of Medicine, Department of Pediatrics

Self-Assessment (MOC Part 2) Training Description

Background

The SEEK model was developed to take advantage of primary health care to better address social determinants of health (SDH) or adverse childhood experiences (ACEs) and help prevent child maltreatment. Research indicates that certain risk factors are quite prevalent and are commonly associated with child abuse and neglect: parental depression, severe stress, unhealthy substance use, intimate partner (or domestic) violence harsh punishment and food insecurity. We prioritized problems for which some services are usually available. The SEEK model incorporates principles of Motivational Interviewing to better engage parents and jointly develop a plan. SEEK requires identification of local resources for each targeted problem and customizing the SEEK Parent Handouts with this information, or, using alternative handouts. Helping address these problems supports parents and parenting, strengthens families, promotes children's health, development and safety, and helps prevent child abuse and neglect.

Training: The aim of the SEEK independent training is to prepare primary care professionals (PCPs) to implement the SEEK model by briefly assessing and initially addressing the targeted problems.

The SEEK Independent Self-Assessment Activity involves:

- Completing the ABP approved online SEEK Training for three MOC 2 credits
- 1. **9 training videos**
 - The videos cover: Introduction to SEEK, parental depression, severe stress, unhealthy substance use, intimate partner (or domestic) violence, harsh punishment, and food insecurity, as well as Motivational Interviewing and engaging parents in addressing problems
- 2. **The SEEK supplemental materials**
 - The SEEK Algorithms and Responses to Barriers help PCPs efficiently assess and address the targeted SDH
 - Resources on Motivational Interviewing and the QI process
 - SEEK Parent Handouts for each targeted problem to be customized with information on local resources
 - Two key articles
- 3. **The SEEK Test**
 - This assesses knowledge related to the targeted problems
 - Participants need to score 80% or better to receive credits for this Activity (Participants can take the Test as needed to achieve the passing score)
- 4. **The SEEK Training Evaluation**
 - Participants complete an evaluation of the SEEK independent training
- 5. **Register for Credits**
 - Select "Register for Credits"
 - Complete the credits registration form and select MOC Part 2 option (click submit)
 - You must provide your ABP Diplomate ID number
(NOTE: if you wish to also register for the 3.0 AMA PRA Category 1 CME credits, you'll need your state medical license #)
 - Submit payment for MOC 2 credits (\$50)
 - Your MOC 2 credits will be processed (Please allow up to 6 weeks for this)

*PCPs and/or practices wishing to implement SEEK can request technical assistance. Please use the [Contact Us](#) form on the SEEK website for help related to SEEK