

The Safe Environment for Every Kid (SEEK) Quality Improvement (QI) Activity Training

ABP 25 MOC 4 Credits / ABFM 20 PI Credits

Sponsor Organization: University of Maryland School of Medicine, Department of Pediatrics

Quality Improvement (QI) Training Description

Background

The SEEK model was developed to take advantage of primary health care to help prevent child maltreatment. Research indicates that certain risk factors are commonly associated with child abuse and neglect: parental depression, severe stress, unhealthy substance use, intimate partner (or domestic) violence, harsh punishment and food insecurity. While not inclusive, this list prioritizes prevalent problems for which some services are usually available. Helping address these problems should result in healthier parents, stronger families, fewer maltreated children and improved health, development and safety of children.

Training: The aim of the SEEK QI Activity is to help primary care professionals (PCPs) implement the SEEK model by briefly assessing and initially addressing the targeted problems.

PCPs attend (or view recorded) three 1-hour webinars covering practical aspects of implementing SEEK. The SEEK QI activity also includes completing the online SEEK training which entails viewing the videos, passing the Test, reading the 2 key articles, reviewing the SEEK Algorithms and Responses to Barriers and SEEK Parent Handouts. The model incorporates principles of Motivational Interviewing to better engage parents and jointly develop a plan. SEEK requires identification of local resources for each targeted problem and customizing the SEEK Parent Handouts with this information, or, using alternative handouts. In addition, the QI Activity requires gathering and reviewing 3 cycles of data over approximately ~10-weeks to evaluate and improve implementation using the Plan-Do-Study-Act model. PCPs are guided in the evaluation process, tailored to the practices' specific objectives.

The SEEK QI Activity includes:

- Completing the SEEK Model QI Activity approved American Board of Pediatrics (ABP) for MOC (Part 4) for 25 credits, or
 - Completing the SEEK Model QI Activity approved by the American Board of Family Medicine (ABFM) for 20 PI credits
1. **9 training videos**
 - The videos cover: Introduction to SEEK, parental depression, severe stress, unhealthy substance use, intimate partner (or domestic) violence, harsh punishment, and food insecurity, as well as Motivational Interviewing and engaging parents in jointly addressing problems
 2. **The SEEK QI Activity webinars cover**
 - The importance of addressing targeted social determinants of health (SDH) in pediatric primary care
 - Use of the SEEK Parent Questionnaire-R (PQ-R) to screen for targeted SDH during selected well-child visits
 - Use of principles of Motivational Interviewing to engage parents in addressing problems
 - Developing and implementing a QI project for this MOC 4 / PI Activity. This includes gathering and reviewing 3 cycles of data over a ~10-week period on random samples of 10-15 children at well-child visits
 3. **The SEEK supplemental materials**
 - The SEEK Algorithms and Responses to Barriers help PCPs efficiently assess and address the targeted SDH
 - Resources on Motivational Interviewing and the QI process
 - SEEK Parent Handouts for each targeted problem to be customized with information on local resources
 - Two key articles
 4. **The SEEK Test**
 - This assesses knowledge related to the targeted problems

- Participants need to score 80% or better to receive credits for this Activity (Participants can take the Test as needed to achieve the passing score)

5. Register for Credits

- Select “Register for Credits”
- Complete the credits registration form and select MOC Part 4 or PI option (click submit)
- You must provide your ABP or ABFM Diplomate ID number
(**NOTE:** if you wish to also register for the 3.0 AMA PRA Category 1 CME credits, you’ll need your state medical license #)
- Submit payment for MOC Part 4 or PI credits (\$100)
- After your registration and payment are received, you will be contacted by SEEK Project personnel to enroll you in the next available SEEK MOC Part 4 / PI Activity training cohort

***PCPs and/or practices wishing to implement SEEK can request technical assistance. Please use the [Contact Us](#) form on the SEEK website for help related to SEEK**