In the past 3 months, have you and a partner fought a lot?

Yes

Reflect back on what parent disclosed
Empathize
Lots of people have rough times in relationships, but you don’t deserve to be treated this way

Can you tell me what’s been going on between you and your partner?
eg, physical fighting, injured me, yells at me, puts me down, threatens to hurt me, threatens to hurt the child(ren), made me do something sexual when I didn’t want to

Are things getting better or worse?
Is there a gun at home?

Are you getting help dealing with this problem with your partner?

Yes

Who or what is helping you?
eg, talking with a friend, other family, someone who works for a religious group, a counselor, a support center or shelter, legal help, a police “restraining order”

No

What other problems has this caused for you, and your family?
eg, sleep, eating, friends, work, child(ren)

Do you want help, or more help?

No, other reason

What’s makes it hard to get help?
Suggest barriers, address what parent endorses

Yes

No, getting enough help

Support parent’s choice
SEEK Parent Handout
Offer future help if needed

What might make it easier to get help?
What do you think may be the benefits of getting help?
Encourage getting help

Support parent’s choice
Offer or facilitate help. Offer to call with her
SEEK Parent Handout – review safety plan, hotline info
F/U at next visit
Intimate Partner Violence - Addressing Barriers

Barrier: I don’t know where to get help

Response:

- Yes, it’s often hard to know where to go
- If you’re interested, I can recommend a really good program
- We have someone here who can help. Would you like me to connect you with her/him?
- Here’s a handout with useful info on websites and good places for help include MyPlan app – on OneLove website

Barrier: It will get better with time

Response:

- I hear you that you feel that “time will heal”
- While some things get better with time, problems between family members often do not and they harm kids in the meantime
- How long would you want to wait before getting help?
- You, and [child’s name] could feel a lot better
- How would you feel about trying this program or counseling?
- If not now, please let me know when you feel ready

Barrier: I don’t have the time

Response:

- I hear you that there’s not the time to deal with this
- Still, do you think this may be important – for you, your family, your kids?
- It’s hard to be a good parent if you’re feeling scared
- Would you like me to try connect you to a good program?

Barrier: I don’t think it’s affecting my (child’s name)

Response:

- I hear you that you don’t think it’s hurting your kids
- Sometimes effects of problems between parents are subtle – like babies crying a lot or little guys acting up a lot, being sassy
- Do you sometimes think that kids may pick up on more that we realize?
- How do you think it would show if it was affecting______?

Barrier: I don’t think these programs or counseling work

Response:

- Have you had a bad experience with a program or counseling? I understand that must be discouraging
- Do you think this could be different if you had someone really good?
- Would you like me to recommend a program or professionals I think you’ll find helpful?
Barrier: It’s not that bad
Response:
- I’m glad you don’t feel that bad
- Still, I’m worried about you, and how this might affect (your child)
- This problem doesn’t usually improve if nothing is done
- It’s often best to do something about it - sooner rather later
- Would you consider trying a program or counseling, and see how you feel? You may be pleasantly surprised

Barrier: My partner might get mad and make things worse
Response:
- I see that you’re worried about your partner getting mad
- I will keep this strictly confidential [check to see if your state requires this be reported]
- You’re right that doing something about the problem has risks. But, so does doing nothing
  Would you consider trying a program or counseling?

Barrier: I’m afraid of losing financial security
Response:
- I see you’re worried that doing something about this problem may create financial problems
- Would you consider trying a program or counseling to help with this?

Barrier: I’d feel embarrassed
Response:
- I hear you. Lots of people feel embarrassed about this problem
- But, there are lots of reasons so many people face these problems
- Lots of parents need help, and many are getting help. You’re not alone! This is not your fault
- Would you like me to help you get help?

Barrier: No child care
Response:
- Yes, childcare can be tough to find. Some programs do provide it
- Would you like us to try to find one that does?